

Wellbeing Grant Guidelines

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1. PURPOSE

The guidelines describe the Fairfax Foundation's approach to providing financial assistance towards wellbeing expenses for eligible applicants and their families. The guidelines are for the use of the Fairfax Foundation in assessing applications.

2. SCOPE

The guidelines apply to all eligible applicants. Eligible applicants include people who work in or have worked in the media industry in Australia, and their spouses, partners and dependants.

3. POLICY

The Fairfax Foundation provides financial assistance through the Wellbeing Grants Program to cover expenses related to wellbeing, resilience and recovery. Assistance may be granted upon receipt of a formal application which will be means tested. Grants up to \$1,000 are available as follows:

Financial Capability Grant

- Support for applicants in need who are working to improve their financial resilience and literacy to avoid financial hardship. Grants can be used to access resources, professional help and programs (that are not readily available through other means) to learn about managing money, dealing with debt and planning for the future.

Resilience Grant

- Funding to access support needed to improve mental and emotional wellbeing for applicants who are struggling or following a crisis. Grants can be used towards services that assist with mental health healing, strengthen social connectedness or for early intervention and prevention.

Respite Grant

- Funding to relieve the pressures from caring for a family member at home who has an illness, a disability or is elderly. Grants can be used towards the cost of short-term expenses for domestic services, accommodation, subscriptions, meals (delivery) or recreational activities that provide a respite effect for the applicant (carer).

4. CONDITIONS

In order to be considered for a grant under this Program, the application must be supported by evidence of need and clearly demonstrate how the applicant will benefit from assistance in the following areas:

- Financial capability
- Resilience
- Respite

The provision of a grant under this Program will enable a successful applicant to improve their wellbeing by allowing them to:

- undertake activities that improve and build financial resilience;
- access professional expertise for mental health needs, early intervention and recovery programs;
- engage services and support that provide relief while caring for others.

Funding is provided to applicants who meet the criteria and who could not otherwise afford to undertake the activity or access the service.

5. EXCLUSIONS

What the grant funds cannot be used for:

- activities that are not associated with wellbeing, recovery or resilience;
- activities or services that are likely to require ongoing funding;
- activities which are used to generate income or supplementary income;
- funding to support current vocational aims or career objectives;
- services that are not provided by a reputable organisation;
- retrospective payment for an activity or service that has already been undertaken or delivered;
- activities which the Fairfax Foundation regards as the funding responsibility of other organisations or statutory bodies.